



Healthy Chocolate Breakfast Quinoa

Cook Time: 40 minutes

Servings: 4

Ingredients

- 1 Cup Quinoa
- 1 Cup Water
- 1 Cup Almond Milk
- 3 tbsp. Cocoa Powder
- 2 tbsp. Nut Butter
- Pinch of Salt
- 1 tsp. Vanilla Extract
- 1/2 Mashed Banana
- 2 tbsp. Stevia
- 1 tsp. Cinnamon
- 2-4 tsp. Honey

Instructions

1. Soak quinoa in water for 10 minutes.
2. Drain and rinse.
3. Bring water and almond milk to a boil.
4. Add quinoa, honey, Stevia, salt, cocoa powder, vanilla extract, mashed banana, and nut butter to pot.
5. Stir ingredients together.
6. Cover and reduce heat.
7. Simmer for 15 minutes or until liquid is absorbed.
8. Remove from heat and let sit covered for 5 minutes.
9. Fluff with fork.
10. Sprinkle with toppings.



by: Danielle
From Wild Roots
(www.fromwildroots.com)