



# Chocolatey Protein Pumpkin Bites

Total Time: 20 minutes

Servings: 9

## Ingredients for Bites

- 5 Scoops Chocolate Protein Powder
- 3/4 Cup Pumpkin Puree
- 3/8 Cup Oat Flour
- Pinch of Salt
- 1/2 tsp. Cinnamon
- 1 1/2 tsp. Pumpkin Pie Spice
- 10 Drops Chocolate Sweetener
- 1/2 tbsp. Stevia
- 1/8 Cup Almond Milk
- 3 tbsp. Cashew Butter

## Ingredients for Crumble

- 4 tbsp. Oat Flour
- 3 tbsp. Sunflower Seeds or Pepitas
- 1 tbsp. Honey
- 2 tbsp. Pumpkin Puree

## Instructions

1. Add 5 scoops off chocolate protein powder, 3/4 cup pumpkin puree, 3/8 cup oat flour, 1/2 tsp. cinnamon, 1 1/2 tsp. pumpkin pie spice, 10 drops chocolate sweetener, 3 tbsp. cashew butter, 1/8 cup almond milk, 1/2 tbsp. Stevia and a pinch of salt to a bowl.
2. Mix until everything is combined.
3. Form into balls, just like you're making a meatball. Note: If the balls are falling apart, add some almond milk or water to the mixture.
4. Put 4 tbsp. oat flour, 3 tbsp. sunflower seeds or pepitas, 1 tbsp. honey and 2 tbsp. pumpkin puree in a food processor or Magic Bullet.
5. Mix until its combined and crumbly.
6. Top each bite with this sweet crumble.

