



Powerful Green Smoothie

Prep Time: 5 minutes

Servings: 1

Ingredients

- 1/2 Cup Vanilla Almond Milk
- 1 Banana
- 1/4 Avocado
- 2 tbsp. Non-fat Greek Yogurt
- 1/2 tsp. Stevia
- 2 Handfuls of Spinach
- 1/8 Cup Water
- 1 tbsp. Cacao Nibs

Instructions

1. Add everything to a blender (except the cacao nibs), and blend until smooth.
2. Pour into a glass or travel cup to drink on the way to work.
3. Sprinkle with cacao nibs.

